



complimentary issue



CHOIRfest

beats, hoots and heaves

Lynne Truss

greet, talks and teas

Quiet Revolution Competition

coups, spins and strives

Recipe

eats, shoots and leaves

Carnival of the Animals

sheets, flutes & reeds

Split Second Moments

waits, swoops and saves



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COAST arts WELCOME

We trust you will enjoy the layers of artistic expression in this, the first edition, of the Coast Arts magazine.

North Norfolk inspires so many of us to expand our creativity. Here it is possible to deepen into the relationship with nature and the wildlife which then expresses itself through art.

Literature, cookery, song, music, photography, drama, glass art, sculpture and design are some of the elements explored within these pages.

Hopefully you will be inspired to comment or contribute and become involved with the magazine's evolution.



COVER Sculpture
HOPE by Jane Barnes
2015 Coast arts
Littoral Living
competition winner

"HOPE happened after
gathering flotsam and
jetsam along the shore
line of the West Beach.
A North Sea weathered
lobster pot evolved into a
creation to be interpreted
by anyone however their
imagination works.
For me Hope is Life."
Jane.

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beats, hoots and heaves
greet, talks and teas
coups, spins and strives

eats, shoots and leaves

sheets, flutes & reeds

cheats, loots and thieves
waits, swoops and saves
beach, boots and waves



The house music faded and the beautiful solo voice singing the opening refrain from 'Now We are Met' started the show.

This alto was joined by more and more voices, building into a mellifluous harmony of all 130 singers from the 6 choirs participating.

In the famous Cromer Pier Pavilion Theatre, the show started on a high and kept the audience elevated all evening.

The curtains opened to Nick Conrad who introduced, hosted and took part in the evening: 2 hours of a wonderful mix of vocal music from across the spectrum.

Cromer Gospel Choir, led by Thompson Zulu, followed with their energetic take on 3 gospel songs before engaging with the other choirs, and the audience, in their fourth number, 'These Thousand Hills'.

Maggi Warren then took up the baton, taking the Cliftonville Singers through songs from the musicals before Ro Curtis and the New Sheringham Singers closed the first half with an eclectic mix,. Finishing with all present joining in with the popular 'Da Doo Ron Ron' created much merriment.

The newly formed Rockit Choir led by Emma Dale, in their first public performance, started the second half, entertaining everyone with their ballads, sea themed costumes and stage set. Nick Conrad treated the audience to a solo performance of Richard Stilgoe's 'Joyce the Librarian' accompanied by Jan Ashton on piano.

Teresa Verney and the Sing for Joy Choir entertained with another varied choice of numbers: folk, musicals, African and gospel finishing with Train to Glory, for their joint piece. To conclude the evening, Vocality, led by Tony Knight, who organised the evening for Coast Arts (the show's sponsor) sang a beautiful mix of songs from traditional to reggae.

The audience were thrilled from beginning to end..

The idea of the CHOIRfest was to celebrate the breadth of local singing around Cromer; to bring vocal music to a wider audience; to inspire, applaud and entertain.

The mission was well and truly accomplished.

The energy and enthusiasm from the singers and audience has generated a thirst for more - with several choirs who were not able to join this year showing interest in next year's CHOIRfest.

Could CHOIRfest become Coast Arts annual event?

The Choirs

The **Cliftonville Singers** are a mixed voice chamber choir and sing a wide variety of music from Bach to Bacharach, Madrigals to Musicals.

Future Programme
Sunday July 10th 3pm in St Martin's Church in Overstrand.

The **Cromer Gospel Choir** is an open, fun and friendly choir meeting regularly in Cromer.

The **New Sheringham Singers** is a ladies choir that prides itself in being a friendly, welcoming group where an audition isn't necessary but a love of singing is!

Future Programme
Sunday 24th July 3pm Showstoppers!
at The Lighthouse, Sheringham

The **Rockit** Choir is a mixed vocal ensemble meeting in Cromer.

The aims of the Rockit Choir are to enjoy singing in a relaxed atmosphere, meet new people and have fun.

Sing for Joy! is a Community Choir meeting in Cromer and Sheringham.

Future Programme
Concert at St Peters in Sheringham on July 2nd at 6.30pm.

Vocality is a vocal ensemble of 11 voices, based in Cromer. Vocality love singing a wide range of unaccompanied vocal music from classical to popular including specially arranged pieces.

Future Programme
12 June Evensong St James' Church, Southrepps
19 June 4:00pm Tea Concert in Binham Priory
8 October 7:30pm St Botolph's Church, Trunch

The Cromer Gospel Choir



Lynne Truss

COAST Arts patron Lynne Truss in conversation (with Annie Lloyd)



Thank you so much for agreeing to become our patron.

Q: What made you agree to taking on this role?

A: I was flattered to be asked. It's lovely to be associated with something so dynamic. And of course it will mean I might have to visit the North Norfolk Coast a bit more.

Q: What was your experience of being part of last year's Coast programme?

A: It was such an atmospheric night to be on Cromer Pier – very dark and stormy outside. It was amazing anyone came. In the dressing room, you could hear the sea surging underneath. I never wanted to be an actor, but I really love taking to the stage to read my stuff to audiences, and the bonus is that sometimes it's in evocative locations like the Pier Theatre. I was very disappointed, though, to find there was no plaque to mark the spot where Alan Partridge was shot in the leg.

Q: What do you enjoy about coming to Norfolk?

A: The light is beautiful; the sea is amazing. Years ago, when I first came, I got very excited by the stuff in the Cromer Museum about the “Poppyland” phenomenon. In the end, a friend of mine published a facsimile of the original Poppyland book by Clement Scott, and we had a little launch for it at Jarrolds.

Q: What is ahead for you in terms of writing?

A: I’m honestly not sure at the moment. I’ve had a quite unusual career, writing novels and drama and monologues and columns, etc. I’m 60 years old and I’m at a turning point! Radio 4 has just commissioned a long series of short stories, though, which will fill a lot of my time over the next year or two. I have a column in Saga Magazine and write quite often for Waitrose Weekend. The stories will have a coastal setting. I live on the South Coast, east of Brighton, and the stories will all be set at a place I’ve invented (based on Peacehaven) called Meridian Cliffs. The idea is that they should be gentle and wise and a bit like Garrison Keillor, so no pressure there, then. Last year I made the foolish mistake of writing a follow-up to my novel *Cat Out of Hell*, without checking whether the publisher was interested. It turned out that she wasn’t, which was a bit of a blow, as I was confident I could write a whole series, and I would love to be planning the next one (set in Venice). Understandably, though, this knock-back has slightly put me off the idea of writing big projects “on spec”.

Q: What drew you to writing *Cat Out of Hell*?

A: It was an interesting challenge. I like to have a word-length to (in this case it was 40,000 words), I had quite a short deadline. To me, the whole key to it was to find an original structure, because the basic idea of an evil talking cat is so preposterous. So I did everything I could, structure-wise, to make the reader just go along with it.

Q: What key ingredients must a horror novel contain?

I suppose the key thing is what I was just talking about. The reader has to believe in something far-fetched, while still remembering that it IS far-fetched. It also helps (not to give too much away) if there’s an evil, black cat capable of shattering windscreens with a single blow from his paw.

Q: Which horror writer do you most admire and why?

For me the master is M.R. James – and I do parody him slightly in *Cat Out of Hell*. Of course the plot wasn’t his main thing at all. Most of the stories I can think of are about moments of putting your hand on something disgusting in the dark. I don’t know many modern horror writers, but I love older gothic novels.

Q: Which horror film has terrified you most and why?

I love Jack Clayton’s *The Innocents*, based on *The Turn of the Screw*. I think that anything that involves ghosts preying on children has got to be terrifying. Of course the other thing about that story is that it might be all the governess’s imagination – which makes it extra powerful.

Q: What scares you in real life?

Deep water. But I don’t think it scares other people very much. Having said that, I do know that an American publisher who tells the story that he turned down Peter Benchley’s novel *Jaws* with the line: “I don’t think folks in Wisconsin are going to be too worried by a shark.”

Q: What do you most enjoy about writing and being a writer?

I just like coming up with ideas. I didn’t have the confidence to write until I was in my mid-thirties, and I am still amazed every day by how the act of writing just forces ideas to the surface – especially funny ideas.

One of my loveliest jobs as a writer is to work with a natural history producer in Bristol who sends me notes about creatures such as house flies and bats, and then lets me build a monologue character using the research. Did you know that the death-watch beetle, by the time it starts knocking, has spent up to 12 years as a larva, burrowing through fungally-compromised wood?

Try to imagine a life like that. He then gets about three weeks to find a mate (by knocking). In the monologue (which will be broadcast at the end of June), I have him list the classic phases of the death watch beetle larva: “Confusion, panic, fury; timber-induced claustrophobia; despair, acceptance, and song-writing.” And the song-writing detail sums up what I love about being a writer. I didn’t know until I wrote him that death-watch beetles, in their dark and lengthy loneliness, write very angry songs.

Q: What do you find is the most difficult aspect of writing?

A: Some people have a problem knowing when things are finished. I'm very lucky that I had years as a journalist – and four years as a sports writer – which made me completely respectful of deadlines, and able to let things go when they're done. An artist friend said to me recently, "How many people does it take to do a painting? Two: one to paint it, and the other one to shoot him when it's finished, before he can muck it up."

People do sometimes keep fussing over their work, because they can't self-edit. I love the moment of saying, "That's it."

For me, personally, the most difficult aspect of writing is that I'm aware of how much brilliant stuff is already out there. I know that occasionally a book might break through and be noticed in a big way – as my own *Eats, Shoots & Leaves* was in 2003 – but it's very rare, so the most difficult thing is managing one's expectations of success.

Q: If you could offer advice to an aspiring writer, what would that be?

A: I think it would be: don't try to second-guess what will be successful, or jump on any bandwagons. Life is short, so what you write has to be your own stuff, out of you alone. I saw Grayson Perry talking about the art world a couple of years ago, and he said that a lot of artists try out different styles, as if choosing a bus from a bus garage, and then they go back and try another one. His advice was "Stay on the bus!"

I thought this was good advice for writers, too. I wonder if I've hopped from route to route a bit too much myself. I've had a ball, but if I'd only stayed on one bus (being a novelist, say), who knows where I might have ended up?

Thank you so much Lynne. It has been a pleasure to have had this conversation with you and I am certain our readers will enjoy the opportunity to get to know you more.

Doubtless many will want to look over the three events you are offering us this year and come join in at either:
The Dales in Upper Sheringham for afternoon tea
on Wednesday June 15th
or The Sea Marge for dinner on Thursday June 16th.

I am really looking forward to joining you at
Manor Lodge on Friday June 17th for the writers' workshop.

We are so lucky to have you as our patron.



A feast of Lynne Truss

Wednesday 15th June
14.30

Tea with Lynne Truss

Join Lynne at The Dales Country Hotel in Upper Sheringham for a reception followed by delicious afternoon tea and her talk. There will be an opportunity for questions afterwards, as well as a book signing session.

£14.95

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Thursday 16th June
19.00

Dinner with Lynne Truss

Join Lynne for Dinner at The Sea Marge in Overstrand

This is an opportunity to enjoy a delicious 3 course meal sandwiched between an excerpt from one of Radio 4's Natural History plays from Lynne, with her revealing to us the voice of a mother Pipistrelle bat, which she describes as "a pure anthem to love." The perfect aperitif for a wonderful meal!

After dinner, she will treat us to her witty, but powerfully accurate, perspective on punctuation.

There will then be an opportunity for questions.

Those of us who love nature and literature are in for a treat!

From her visit last year, we know her to be mesmerising, entertaining and full of fun: talents which make her gift for poignant and perceptive observation easily digested.

£25

CoastArts.co.uk
01263 820054

Friday 17th June
10.00-17.00

Speaking with Another Voice This is a writers' workshop with Lynne Truss

A one day writers' workshop for both experienced and budding writers.

Lynne's career has ranged from sports journalist for The Times to books on genres as diverse as Murder Mystery and Punctuation, and writing plays for Radio 4 on the general theme of natural history.

Lynne's ability to genuinely understand the life experience of others is a profoundly valuable tool as both writer and human being. Bringing your creative aspirations to her guarantees you a sensitive response and experienced feedback certain to affect your work positively.

The day starts at 10:00am to meet other writers for coffee. There will be a light lunch and space to do your own creative writing, then finishing with a glass of Prosecco and the chance to take a dip in the heated pool at Manor Lodge.

The day will end at around 5.00pm.
Manor Lodge, Witton Bridge, North Walsham,
NR 23 8TT.

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COAST arts

in collaboration with and sponsored by
THE NORTH NORFOLK ORGANISATION OF VISUAL ARTISTS
(NOVA)

announces its **2016 art competition**
20th - 30th October



QUIET REVOLUTION

Young/ old/ amateur/ professional/ experienced/ beginner
however you choose to describe yourself, this
competition has been created for you.

The range is vast – from intensely personal decisions
to be loyal to your own truth/changes of heart/ new
roles/ switched allegiances, to determined moves
against dominating world trends.

Go to www.coastarts.co.uk to download an
entry form.

Coast Arts encourage you to respond to the title and
to release the creative force within you.

Be assured of a warm and sensitive welcome from
Jenny Rumens, this year's curator and her fellow
NOVA artists who have taken on the challenge to
transform The White Horse at Overstrand into a
gallery to display the entries.

Entries by 31st August

to: jenny@coastarts.co.uk

Private View and Exhibition
October 21st 7pm onwards
The White Horse - Overstrand.

Quiet Revolution

Class Artworks – a Reflection of Beauty

Class Artworks – a Reflection of Beauty

Surinder Warboys



Sue Purser Hope



Carole Grey



Marie Dawe

Keron Beattie (above) and at work (below)

Glass Artworks – a Reflection of Beauty

Keron Beattie



Glass Artworks – a Reflection of Beauty by Susan Purser Hope

Glass – what an extraordinary material, full of contrasts and contradictions! It is fragile yet tough, both transparent and opaque, either flat, slumped or rounded. It is a material that can be worked hot or cold in a wide range of techniques, is practical but yet ornamental.

In this region we are fortunate to be the home to a number of talented artists who work with glass including many who are, as yet, little known to the public through to artists of world renown. They are represented by the Contemporary Glass Society whose vision is that all glass artists reach their artistic potential and that the public and collectors have the opportunity to give them the recognition and acclaim they deserve. The Eastern Hub of the CGS covers a wide area including Norfolk, Suffolk, Bedfordshire, Cambridgeshire, Essex and Hertfordshire,

There is an ongoing conversation within the creative world regarding what is regarded as craft and what is art. Glass is something of a hybrid which spans both concepts. It is a material which is crafted into different forms and expressions; designer/ makers form practical and robust objects whilst glass artists create pieces of breathtakingly beautiful artworks. However, those roles of designer/ maker and artist can be found in the same person.

Consequently, most glass artists have to remain sanguine about the context in which their work is viewed.



The
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Overstrand



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enquires@whitehorseoverstrand.co.uk



seaside pub
4 star accommodation
2 rosette restaurant

Nathan Boon is Head Chef at the White Horse, Overstrand.

Enjoy making his recipe below.

Nathan's fresh approach to cooking, and his passionate belief in using all things local and in season, has given rise to an ever-growing reputation. His simple principles of great local produce and in-house cooking have led the White horse to achieve two AA rosettes, Best Pub Menu finalist, and Best Pub nominee.

His is the art of cooking at its finest.

Banham chicken breast wrapped in Serrano ham, local asparagus, mushroom and smoked cheddar cream, Cromer crab aioli.

Recipe

1 skinless chicken breast wrapped in Serrano ham
6 asparagus spears
5 chestnut brown mushrooms
60g smoked cheddar cheese
150 ml double cream
2 tablespoons mayonnaise
1 tablespoon of Cromer crab white meat
1/2 tablespoon chopped parsley
The zest of 1 lemon - finely grated
1/4 teaspoon crushed garlic
2 knobs of butter

Pre-heat oven to 180c

Heat pan and add 1 knob of butter (low fat oil can be used.)

Place chicken breast in pan until coloured both sides then put on a tray and cook in oven for 10-12 minutes.

Place asparagus in boiling water for thirty seconds, drain and then toss in the chicken pan with left over pan juices on the heat. Add seasoning.

Slice the mushrooms, then pan fry with 1 knob of butter. Add the cream, grated smoked cheddar cheese and season. Reduce slowly on the heat until the sauce thickens.

For the Cromer crab aioli, mix the crab meat, mayonnaise, lemon zest, garlic and seasoning together.

Serve with griddled potatoes. In the picture I have used grape gel but red onion jam or cranberry sauce will work just as well to garnish.





Encounters with the creative

Encounters with the creative – keeping an open heart. Elaine Noakes

Two friends, with an interest in the question of what makes art, have visited both the Giacometti exhibition at the Sainsbury Centre and The Old Workshop in Corpusty where a number of artists opening their studios in June have exhibits.

The Sainsbury Centre have now established a practice of featuring exhibitions around some of their famous works and bringing out more material from storage. We see paintings from the post war years in Paris and also some British sculpture that were influenced by Giacometti's work.

Robert and Lisa Sainsbury sat for the artist and it is said they were friends and there is some historical material about this relationship in the show.

Some of his most energetic drawings are recordings of what he saw when sitting in cafes in Paris where he lived for most of his life.

However, it was a film at the beginning of the exhibition that stimulated us to look 'between the lines'. Judgements were made in it about what drove the artist to engage in sculpture and it was said that his style of working was 'manic'. We saw rather that there was an urgency to accurately observe what was in front of him in a manner that would satisfy what was within him.

It was thought provoking to reflect on how he perceived and represented women and the extent to which he was motivated by themes of 'fear and abandonment and death'.

How much do we 'tow the line' when it comes to the choices that a curator of an exhibition makes?

As we walked around engaging with the work, our perceptions were deepened by wondering why there was not more of the work from the Surrealist period of Giacometti's horizontal work?

We also questioned what was the basis of engagement by 20th century artists with 'primitive art' and the restricted, constrained representation of the female?

This in turn produced a growing awareness of the deep impact, on sensitive artists, of the inhumanity of the war which emerged for us both. It is as relevant today as it was then, even though today's conflicts are scattered and harder to define as 'good or evil'. Quiet revolutions they are not and often seep from countries where they began to become a focus on Paris and its populace again. Giacometti, in Paris, was surrounded by the actions of the Nazis as they occurred, is that why he had such urgency to create his art?

Mercifully we have benefitted from the outcome of the 2nd World War in the very fact that we are free as individuals to engage in the activity of simply visiting exhibitions; sharing our observations. We then enjoyed softening into the art on display in Corpusty, which is very much concerned with the kind of work their visitors would select for the homes or to wear.

The Old Workshop was full of works in all mediums and it was not easy to focus on any one. We appreciated the skills that each piece was showing us and it was useful to be able to follow in the Open Studio catalogue where the artist's own studio was if we wanted to follow up further. There was a warm welcome and our attention was more taken up with our appreciation of the decorative and skills rather than wider philosophical questions.

Each of us had a response to the exhibitions beyond the time spent there. One of us was stimulated to engage more in her own creative work, the other to research more about Surrealism and its presentation of the female. Keep open to the possibilities as you 'take in' the exhibitions and maybe see what strikes you as veiled; what emerges from within and what delights you.

Alberto Giacometti, 'A Line Through Time', Sainsbury Centre for Visual Arts, Tuesday – Friday, 10am-6pm until 29 August.

The Old Workshop Gallery,
NR11 6QP



Sheringham and Cromer Choral Society
and orchestra directed by Harry Castle

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to mark the 90th birthday year of HM The Queen

Mozart Coronation Mass

Handel Coronation Anthems

Handel Water Music Suite

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Tom Rowarth *tenor*

Andrew Weeks *bass*

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"Coming together is a beginning; keeping together is progress; working together is success." Henry Ford



In 2008, Cromer and Sheringham Town Councils came together to support the development of the COAST and Crab & Lobster festivals. Collaboration remains at the very heart of COAST Arts; in fact, in 2011, we won three national *Action for Market Towns* awards for exemplary partnership working.

Sheringham and Cromer Choral Society has been with us since the beginning. Chairman, Bob Cumber, says, "We are delighted to once again be associated with COAST Arts."

Founded in 1933, SCCS draws its membership from across North Norfolk. Its repertoire is quite varied but mainly comprises large choral works from the 17th to the 21st century.

Recent major projects have involved working with the English Chamber Orchestra and the London Mozart Players to perform new works by Norfolk composers: *Eventide* (in Memoriam Edith Cavell) was commissioned from Patrick Hawes to commemorate the outbreak of World War I and premiered in Norwich Cathedral with ECO in 2014; and last year, SCCS performed Richard Allain's *Vespers* (Songs of the Sea) with LMP in Cromer. Its forthcoming concert in the Auden Theatre, Holt on Saturday 16 July will mark HM The Queen's 90th Birthday.

For the COAST Arts fringe, SCCS will present its eagerly anticipated FREE Come & Sing day, open to all, at the Lighthouse, Sheringham on Saturday 15 October. This year the featured "revolutionary" work is Haydn's Nelson Mass - subtitled "a mass for troubled times".

www.sheringhamandcromerchoral.co.uk



The North Norfolk Organisation for Visual Artists -NOVA- is an organisation promoting artists living and working in North Norfolk.

This self-funding group meets once a month for networking, inspiration, planning events and exhibitions of our members' work.

Our membership presently stands at around 30 artists. Local supporters of the arts are also welcome to join. We cover, between us, most artistic mediums.

For further information contact:
Sally Wallace
sallywalrus@icloud.com
or visit

www.novartists.co.uk

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FALCON exists to provide opportunities for children and young people to engage with creativity in all its forms. Its aim is to make a valued contribution to the creative and learning environment of all children in Norfolk.

Offering a range of different experiences of the arts, we seek to raise children's aspirations; develop greater self-confidence and open up a whole world of possibilities. We want to provide opportunities for children to learn from people for whom creativity is a way of life.

Run by a small group of volunteers we are keen to bring creative opportunities to all, especially to those who might otherwise have limited access to them. Activities range from drama, storytelling and creative writing, to mask-making, drawing and music, and are led by our tried and tested team of workshop leaders, which includes visual artists, musicians, poets, authors and storytellers

We continue to work to develop a greater appreciation of the importance of creativity and the imagination.

CARNIVAL OF THE ANIMALS - JULY 2016 MUSIC, ART AND POETRY PROJECT FOR SCHOOLS

This July, children from five local primary schools are taking part in an exciting and ambitious project based around the orchestral work 'Carnival of the Animals' by Camille Saint-Saëns. Performed by a small professional chamber ensemble, the musicians of 'Parnassus', led by the internationally renowned conductor Peter Stark, will visit each school to work with selected groups, finally giving a small in-school concert to the whole school. On JULY 13th, after an afternoon concert for 250 children from the 5 participating schools, the 'Parnassus' chamber ensemble will give a public concert at 6.30pm featuring 'Carnival of the Animals' at St Andrew's Church, Holt.

The project is being organised and part-funded by FALCON, with additional funding from the Arts Council of England, Holt Festival and the Norfolk Arts Fund. We have had additional support of funding from WATSONS Estate Agents, The Holt Rotary Club, North Norfolk Sinfonia, and the five partner primary schools themselves. We are delighted to be working in partnership with the Norfolk Library Service and St Andrew's Church.

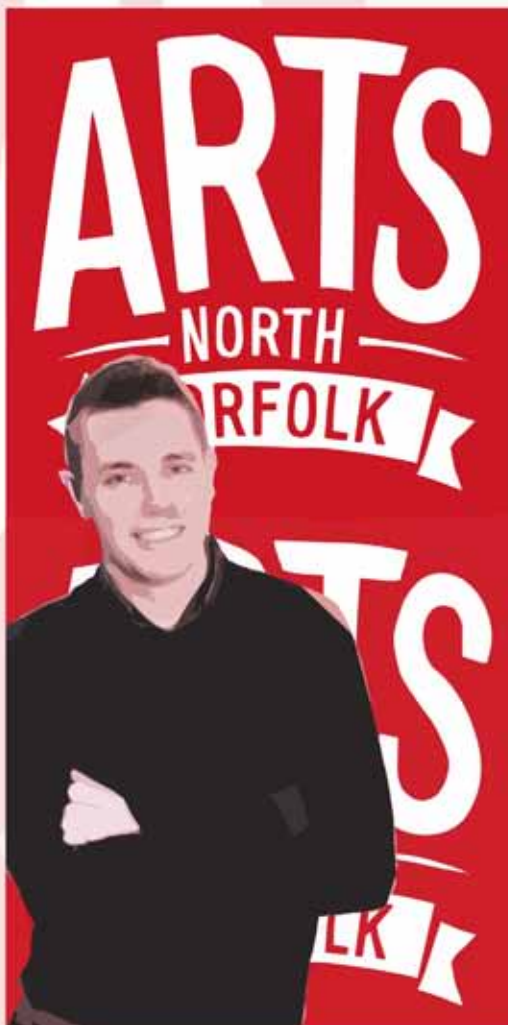
Please see listings on the website

www.CoastArts.uk

for more details
of the events
we are running.







Teen Shakespeare, porridge and a dancing pig!

As we head into the summer season, Joseph Ballard of Arts North Norfolk gives us the low-down on the highlights of activity from the arts development charity.

Everyone feels better as it gets sunnier. You'll notice more smiles, many more lingering conversations as nobody is in that big rush to get home. For a theatre, the summer months can be a dry time of the year but we're really lucky to have the famous Cromer Pier Show and Sheringham Little Theatre Rep season illuminating our beautiful coastline. As Arts North Norfolk, our summer offer is about getting people to take part, getting people to tread the boards themselves!

When we set up the charity, we had a focus on programming The Atrium, the community arts venue that had been built on the campus of North Walsham High School. It's a fantastic venue with great facilities, including the 186 seat theatre – but we soon realised we weren't just about filling those seats with audiences, but about inspiring the local community to take part in creative ways.

Our weekly classes (including drama and the community choir) inspire people of all ages and we work in these projects with the larger shows – such as our own in-house productions - and theme them around our receiving shows such as some of the national tours we have visiting. With this in mind, August 2014 saw us rebrand as Arts North Norfolk and take up residence in North Walsham's town centre where we actively take part and present many things right in the heart of the town.

We're very busy all year round and at the time of writing this we're full speed ahead in planning for the second North Walsham Festival which runs 18-26 June. We've themed this year's big event around the town's links with the 1381 Revolt and Battle of North Walsham – the only Medieval battle in Norfolk. Theatre and arts aside, I've become a keen historian, linking up the Festival programme with elements of the Medieval saga.

Last year's North Walsham festival was a great success, engaging with 8,700 as audience members, artists, performers and participants. We've planned even more ways for people to get involved this year, from free workshops to get ready for the Festival Parade, the Battle Project where we will be recreating the 1381 Battle using contemporary dance, North Walsham Knits, the Festival Open Art Exhibition and lots of work with local schools.

A town festival should be shaped, delivered and animated by its community and it's only as strong as the people who support it. We're helping develop the sense of community here in North Walsham even further with pro ling the Festival, making the town an exciting place with innovative events and attractions to make everybody – residents and visitors alike – very proud.

ARTS

NORTH NORFOLK

This year sees some new festival events, like the lunchtime recital series in St Nicholas Parish Church. From harp, piano and flute there's a nice bit of variety with the informal concerts that I hope people will come along, bring their sandwiches and enjoy in their lunchbreak! We also have a new play *The Good, the Bad and the Revolting* which is a piece of free street theatre for all ages, which will start at the Market Cross and then lead the audience around to different town centre locations. The play will embrace some folk, elements of a Mummers Play, song and puppetry. There will also be some contemporary references as we explore the cognate elements of the people versus the state, which will be even more relevant being performed the week of the EU Referendum.

It's not all about the Festival, as our year-round activity keeps growing and growing. I'm also proud of the partnerships and creative collaborations we have formed with Coast Arts, Art Is Medicine and different theatre companies. In today's current financial and political climate we all need to pull together to make sure the arts and a cultural offer is readily available and relevant for local community.

After the festival, our family musical of *Goldilocks and the Three Bears* will be touring around North Norfolk towards the end of July with pop-up teddy bear picnics and our energetic show performed in the open air.

Our Summer Theatre Academy for 8-17 year olds takes place 23-27 August at the Atrium Theatre when we'll be making a show in a week and performing it on the last day. The show, titled *The Time Machine Adventure*, is a fast-paced comedy musical in which we'll be transported back (and forwards) in time and we'll even meet a young Will Shakespeare who joins in the journey. I enjoy writing for children and some scenes are based on the work of our Drama Club and Youth Theatre in special workshops and it's always a great week of fun theatre-making that's anticipated all year round. Aside from shows and films, later on in the year we'll be welcoming Manchester Camerata with a classical and contemporary concert as part of our NO/WHERE Fringe in October so it's very true to say we're offering a diverse programme here in North Walsham.

I hope to see you at some of our events as an audience member, perhaps as a new volunteer or even as a participant! We have something very special with the many different cultural opportunities here in North Norfolk and it's about time we embraced this thoroughly, profiling the value of the arts for our communities so future generations, in their stead, have the same chances when they grow up.

And about the dancing pig... well, you'll find out more about him at the Festival!

BOOK NOW!
WEEKLONG SUMMER THEATRE ACADEMY FOR 8-17s

23-27 August

10am-3pm daily
£55 for the 5 days

**at the Atrium Theatre,
North Walsham**

THE TIME MACHINE ADVENTURE

"What a fantastic show! My two had a great time and made some new friends. They loved the songs too - can it run every week?" *Parent from last year*

Join us for a week of the summer holidays as we put on this new comedy musical written by our director Joseph Ballard.

A time machine is found and the first encounter is a young Will Shakespeare who joins the group on their journey.

There are roles for all abilities; from performing to being the crew backstage. Most importantly we'll learn to work as a team to produce a great show for the Saturday afternoon at 3pm.



Registered charity 1152501.

Entertaining and inspiring North Norfolk all year round

Box office: 01692 218060
No. 1 Market Place
North Walsham

For more events and to book online:
www.artsnorthnorfolk.org

ARTS
— NORTH —
NORFOLK

EVENTS

JUNE

a selection

Sheringham Park International Garden Photographer of the Year Exhibition from Tue 28 Jun 2016

Returning to Sheringham Park for the 2nd year.

*This is the world's premier competition and
exhibition specialising in garden, plant, flower
and botanical photography.*

North Walsham Festival

Celebrating the Peasants

*Revolt and Battle of North Walsham.
Classical recitals, Singalongs,
Performance, Street theatre,
Festival Parade, Mynx Soul Band
and lots lots more.*

TO BOOK CALL - 01692 218060

www.northwalshamfestival.co.uk

Event Cinema Performances

Regal Movieplex, Cromer

cromer.merlincinemas.co.uk

01263 510151

Live shows at your local cinema

June 21: Il Barbiere di Siviglia

Glyndebourne

Mischief and mayhem run riot in

Rossini's most popular comedy

June 27: Werther

Royal Opera House

Full of lyrical beauty, passion and fervour.

Cromer Pier Pavilion Theatre

CROMER PIER SHOW 2016

25th June to 24th September

*As always, there will be three
different shows through the
season, including 'The Best Of'.*

*Each show brings a different
mix of music, song, dance, glitzy
costumes, fabulous scenery and
comedy, all brought to you by the
same cast.*

The National Gardens Scheme Walcott House Walcott Green, Walcott, NR12 0NU

Sunday 26 June (1.30 - 5pm).

*A garden in the making with
emphasis on formal
structure around the house and
a traditional set of Norfolk farm
buildings.*

NOVAwhere 2016

St Margaret's Church

Thorpe Market

6 artists - Open Studios

28th May - 12th June

middleofNOVAwhere.co.uk



THE Art House Café

10 HIGH STREET... CROMER... NR27 9HG

www.arthouse-cafe.co.uk... info@arthouse-cafe.co.uk... 01263 649856



Great art...Great coffee...Great cake...



Art House Café 2016 Exhibition Schedule

1. Monday 2nd May until Sunday 12th June

COAST

Cyndi Speer, Louise MacClaren, Liz James, Gita Dickenson.

2. Monday 13th June until Sunday 24th July

MATERIAL AND TEXTURE

Anthea Eames, Simon Whitnall, Marianne Koby Johnson, Rhonda Whitehead

3. Monday 25th July Sunday 4th September

LAND, SEA AND SKY

Simon Carter, John Midgley, Nat Young, Merlin Waterson, Greta Hansen

4. Monday 5th September until Sunday 16th October

PORTRAITS AND STILL LIFE

Joceline Wickham, other artists TBC

5. Monday 17th October until Sunday 27th November.

Kim Edwards and other artists

6. Monday 28th November until Sunday 8th January
2017

CHRISTMAS EXHIBITION

Also on display: 3D, ceramic, glass and jewellery artists; Hazel Burnham, Jane Bygrave, Ruth Carter, Helen Cassells, Verena Daniels, Edmund Oxborrow, Carol Pask, Rob Rutterford and Usch Spettigue.

CLEY16

7 July – 7 August 2016

St Margaret's Church, Cley
and surrounding sites.

Workshops –

A Day of Colour & Sparkle Fused
Glass

16 July, 10am-4pm Tutor: Susan

Purser-Hope

Build a Bird for FAMILIES Sunday 17

July, 2-5pm Tutor: Kate Johnston

Capturing Landscape - Experimental

Watercolours for OVER 60s

Wednesday 27 July, 10.30am-3pm

Tutor: Caroline Lain

cleycontemporaryart.org

Sheringham Carnival 2016

Carnival Week 30th July to 7th August 2016

Holt Festival

Saturday 23rd July – Sunday 31st July

Gyles Brandreth's *Word Power*

Mariola Cieniawa - *Chopin Piano Recital*

The Vagaband

Michael Smith - *Polar Exploration* author

gives a talk on 'Shackleton'

Violin duo *Retorica* perform works by Bach,

Telemann, Mozart and Sonata for Two

Violins - Prokofiev.

Kate Adie talks about her latest book,

'Fighting on the Home Front'

Adam Westcott-Flamenco and classical
guitar

Stand-Up Comedy

Joanna Trollope

Cowardy Cuts - *The Music of Noel Coward*

Jenny Éclair - *Professional grumpy old
woman*

Neil Faulkner 'Lawrence of Arabia's War'

Good Gnus - *Canterbury Cathedral Organist*

Dr David Flood, re-discover
the wit of

Flanders and Swann,

Stilgoe, Skellern and Lehrer.

Jane Austen at Home - *A one-woman show,*
performed by Emerald O'Hanrahan.

Summer at Salthouse

22 July to 7 August: ELIZABETH MERRIMAN

Free entry to all -exhibitions

St Nicholas Church, Cross St,
Salthouse, NR25 7XQ

Arts North Norfolk
Goldilocks and The Three Bears
Teddy Bears Picnic Tour in Cromer, Sheringham
and North Walsham 23rd-27th July.

JULY EVENTS

North Norfolk Railway
Vintage Transport Festival
incorporating the Annual
Bus Event
2nd & 3rd July 2016

Worstead Festival
30th and 31st July 2016



Event Cinema Performances
Regal Movieplex, Cromer
cromer.merlincinemas.co.uk / 01263 510151
July 7: Romeo and Juliet

National Trust

Sheringham Park
The Canterbury Tales
Sat 02 July - 18:30
*The Pantaloons - open air
theatre*

Bumble Bee Workshop

Sat 09 Jul 2016
10:30 - 15:30



EVENTS

AUGUST

The National Gardens Scheme

Suil Na Mara

North Walsham Road,
Bacton, NR12 OLG
Saturday 27 August,
Sunday 28 August
(11am - 5.30pm).

This exotic garden incorporates more than 240 plant varieties Norfolk Coast meets Industrial and rural decay.

Cromer Carnival 2016 13-19 August

Sheringham Park

Bat Walk - 8:00pm
05 Aug, 19 Aug and
2 Sept

Explore the world of bats as we take a stroll through the park as night falls.

Gulliver's Travels
Sat 13 Aug 2016
6:30pm

Join Lemuel Gulliver on a fantastical voyage into the unknown... A brand-new, delightfully innovative adaptation of Jonathan Swift's classic satirical story.

Arts North Norfolk at The Atrium

Fri 12 Aug

John Kirkpatrick in Concert

23-27 Aug

Summer Theatre Academy for 8-17s

OPEN MIC

AUGUST 13th

Midday to 4pm

North Lodge Park, Cromer

Part picnic; part carnival;
part DIY music.

Mannington Gardens

01263 584175

Saturday 6 August 7pm

A MIDSUMMER NIGHT'S DREAM

Sunday 14th 12-5 Day for all ages

FAIRY TALES AND FABLES

Two performances and drop in workshop by Norwich Puppet Theatre

Displays, books in the Hall

Micro brewery beer tent

Fundraising for Norfolk Hospices.

Event Cinema Performances

Regal Movieplex, Cromer

cromer.merlincinemas.co.uk

01263 510151

August 9:

Beatrice et Bénédict

Glyndebourne

Love conquers all in

Berlioz's sparkling take on

Shakespeare's Much Ado

About Nothing

Event Cinema Performances

Regal Movieplex, Cromer
 cromer.merlincinemas.co.uk
 01263 510151

September 26:

Norma

Royal Opera House

Bellini's classic bel canto opera is full of wonderful melodies.

September 28:

Cymbeline

Royal Shakespeare Company

Melly Still directs Shakespeare's rarely performed romance.

Sheringham Park Owl Prowl

Fri 16 Sep

18:30 - 21:00

A family event exploring the twilight world of owls. Going on a nature walk at night is one of the 50 things to do before you're 11 and ... ! Dissect an owl pellet to see what owls eat and learn to call like an owl. We'll then venture out as dusk falls to listen for Tawny Owls, which are particularly active at this time of year. Should be a hoot!



EVENTS SEPTEMBER

COAST Arts

Super Supper Quiz

The Sea Marge Hotel

Overstrand

Thursday 29th September

6.45pm for 7pm

Ticket price: £10 per person to include choice of supper

COAST Arts is thrilled to be partnering again with the Sea Marge to offer an evening of baffling brain-teasers with fabulous fare enjoyed in convivial company - with just the slightest smidgen (who are we kidding?) of competition...! If you haven't yet experienced a COAST Quiz then you don't know what you're missing! If you have, then you'll want to book early to avoid disappointment at coastarts.co.uk.

Arts North Norfolk at The Atrium

Thu 15 Sep

Cinema (evening & matinee)

Fri 23 Sep

Keith James as Yusef Cat Stevens

www.artsnorthnorfolk.org

Split Second Moments



Kingfisher

The light was fading and a shrill call indicates a kingfisher is flying somewhere.

She dives down in front of me and gifts me this photograph. The electric plumage shows off this jewel of a bird.

Photographs and commentary
by Andy Bamforth

Barn Owl

It is early one Sunday morning and the light is superb. In the water meadow a barn owl is hunting. I spend the next two hours watching this beautiful creature.



Teal

The teal swim to one side. A split second later, they are up. The superb markings on display are a real show of nature's art.



a walk on the beach

There is something incredible about walking on the same route for many years, as I wander over its changing surface,

the more I find, the more I see.

The area between the revetments and the cliff bottom is my haunt.

This is Mundesley beach and over the year, through the seasons, the plant cover changes, blooms and dies; or disappears.

The changes in colour and form are amazing.

When viewed from the beach the cliff looks green with a covering of grass but close up it becomes a mosaic of different flowering plants. With camera in hand I scan the sand below the cliffs and peer into the cliff bottom looking for "gems". A flash of colour will lead to a scarlet pimpernel, a patch of blue speedwell or possibly a sweet wrapper. No matter.

Over a year I have found eighty different flooring plants and **this is no site of special scientific interest or nature reserve**

just a half-mile stretch of cliff.

The sandy base (soft sand, hard walking) sports sea rocket, soft pink in the summer, coltsfoot and dandelion in the spring and many more plants taking their chance in this shifting sand.

There is sea holly; a spiky, blue-green beauty and a great favourite of mine. I find one or two each year on my patch, no great rarity, but special to me. It was once very common on this coast and its roots were harvested to crystallise and turn into sweetmeats.

The horned poppy is another favourite and I expect to see one or two each year (to see more of them you need to go to Cley).

The trick is to catch it in flower as the flower only lasts for a day.

Every walk brings its own pleasure and as I live by the beach it is one I can indulge in frequently.



common blue
sea holly



horned
poppy



Jenny Rumens

a walk on the beach

blue speedwell



scarlet pimpernel



PET STOP
CROMER

Pet food, supplies & accessories

10 Bond Street
Cromer

Mon-Sat
7.30am - 5.00pm

01263 510220
07717 327223

petstopcromer@btconnect.com
petstopcromer.co.uk



The Pheasants' Revolt
wouldn't read Eats, Shoots
and Leaves believing it to be
the Gamekeeper's work of
propaganda.

Not the last word

The Tail END



Putting together the contents for this magazine has been an exhilarating experience, bringing together so many people and ideas from the creative wealth of North Norfolk.

The content is designed to inspire, question and provoke thought.

Simple and staid is easier to produce but we did not that take path. We have challenged ourselves and, in doing so, are hoping to germinate responses of artistic and emotional dialogue from you. Gratitude is due to the editorial and creative teams. They have worked in unison with the contributors and sponsors to produce this initial dynamic copy of Coast Arts Magazine.

Over the summer, we shall be preparing the next Coast Arts Magazine for distribution in early October to coincide in with Coast Arts 2016 Autumn Programme.

Consider Coast Arts Magazine to be your space for Arts in North Norfolk. If you've been inspired or want to inspire others, please get in touch with your thoughts & ideas, discussion & debate, comments & art.

Go to the dedicated Coast Arts Magazine website for additional listings and more.

coastarts.uk
hello@coastarts.uk



Sheringham Shoal

Operated by Statkraft

Wind Farm Visitor Centre At The Mo...

**An educational, interactive & fun exhibition;
accessible to everyone, group visits welcome.**

- Learn about climate change & renewable energy
- Understand the historic importance of wind energy to North Norfolk
- See the development and construction of the wind farm unfold before you
- Learn about the daily operation and maintenance activities at the wind farm

In 2014 and 2015 the Sheringham Shoal Offshore Wind Farm generated enough clean energy to power over 250,000 British homes annually.

Free entry to exhibition

(Normal entry fees apply when visiting the Sheringham Museum).

Open: April 1st to October 31st 2016;

Tues to Sat: 10am – 4.30pm,

Sundays: Noon – 4pm

Mondays throughout June to
September & school holidays.

01263 824482

The Mo, Lifeboat Plain,
Sheringham, NR26 8BG

www.scira.co.uk



coastarts.uk
hello@coastarts.uk



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